

Body Composition Result Sheet for Children

InBody

[InBody970] [Yscope]

InBody

www.inbody.com

| | | | | |
|----------|---------|-----|--------|-------------------|
| ID | Height | Age | Gender | Test Date / Time |
| John Doe | 139.4cm | 10 | Male | 2021.03.31. 16:40 |

Body Composition Analysis

| | | | |
|----------------------------------|-------------------------|------|----------------------|
| Total amount of water in my body | Total Body Water | (L) | 19.1 (18.0 ~ 22.0) |
| What I need to build muscles | Protein | (kg) | 5.1 (4.9 ~ 5.9) |
| What I need for strong bones | Mineral | (kg) | 1.91 (1.66 ~ 2.04) |
| Where my excess energy is stored | Body Fat Mass | (kg) | 8.9 (3.8 ~ 7.7) |
| Sum of the above | Weight | (kg) | 35.0 (27.3 ~ 36.9) |

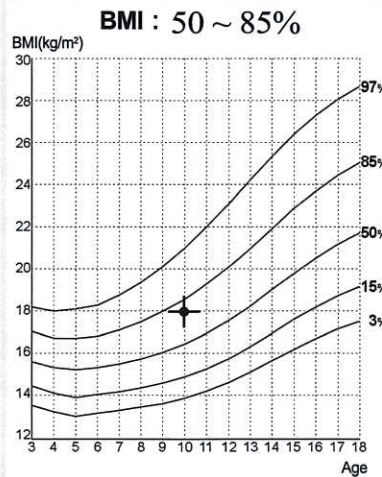
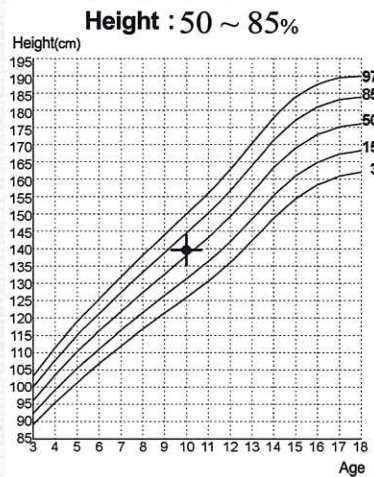
Muscle-Fat Analysis

| | Under | Normal | Over |
|---|--|--------|------|
| Weight (kg) | 55 70 85 100 115 130 145 160 175 190 205 % | 35.0 | |
| SMM (kg) Skeletal Muscle Mass | 70 80 90 100 110 120 130 140 150 160 170 % | 13.3 | |
| Body Fat mass (kg) | 40 60 80 100 160 220 280 340 400 460 520 % | 8.9 | |

Obesity Analysis

| | Under | Normal | Over |
|--|---|--------|------|
| BMI (kg/m ²) Body Mass Index | 7.9 10.9 13.9 16.4 18.6 20.2 22.2 24.2 26.2 28.2 30.2 | 18.0 | |
| PBF (%) Percent Body Fat | 0.0 5.0 10.0 15.0 20.0 25.0 30.0 35.0 40.0 45.0 50.0 | 25.6 | |

Growth Graph



* 7 growth charts of weights for ages were truncated at 10 years of age.

Body Composition History

| | 19.07.15 14:22 | 19.11.19 09:30 | 20.01.29 15:18 | 20.03.15 11:00 | 20.06.21 15:00 | 20.09.19 14:52 | 20.12.20 15:12 | 21.03.31 16:40 |
|---|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| Height (cm) | 134.5 | 135.2 | 136.4 | 137.2 | 137.9 | 138.5 | 139.0 | 139.4 |
| Weight (kg) | 30.8 | 31.3 | 32.0 | 32.8 | 33.5 | 34.0 | 34.4 | 35.0 |
| SMM (kg) Skeletal Muscle Mass | 12.5 | 12.7 | 12.8 | 13.0 | 13.1 | 13.1 | 13.2 | 13.3 |
| PBF (%) Percent Body Fat | 20.4 | 20.7 | 21.6 | 22.3 | 23.1 | 24.3 | 25.1 | 25.6 |

Recent Total

Growth Score

85/100 Points

* If tall and within great body comparison standards, the growth score may surpass 100 points.

Nutrition Evaluation

- Protein Normal Deficient
- Minerals Normal Deficient
- Body Fat Normal Deficient Excessive

Obesity Evaluation

- BMI Normal Under Slightly Over Over
- PBF Normal Slightly Over Over

Body Balance Evaluation

- Upper Balanced Slightly Unbalanced Extremely Unbalanced
- Lower Balanced Slightly Unbalanced Extremely Unbalanced
- Upper-Lower Balanced Slightly Unbalanced Extremely Unbalanced

Segmental Lean Analysis

| | |
|-----------|---------|
| Right Arm | 0.95 kg |
| Left Arm | 0.94 kg |
| Trunk | 10.8 kg |
| Right Leg | 3.41 kg |
| Left Leg | 3.37 kg |

Research Parameters

| | |
|----------------------|-------------------------|
| Basal Metabolic Rate | 933 kcal (948 ~ 1077) |
| Child Obesity Degree | 109 % (90 ~ 110) |

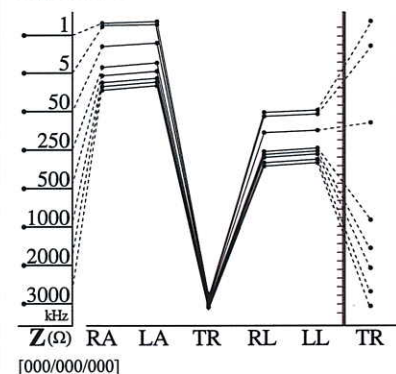
Whole Body Phase Angle

ϕ (°) 50 kHz | 4.3°

Segmental Body Phase Angle

| | RA | LA | TR | RL | LL |
|------------------|-----|-----|-----|-----|-----|
| ϕ (°) 5 kHz | 1.4 | 1.4 | 3.0 | 1.9 | 1.8 |
| 50 kHz | 3.6 | 3.3 | 6.8 | 5.0 | 4.8 |
| 250 kHz | 3.7 | 3.6 | 9.4 | 5.0 | 4.9 |

Impedance



[000/000/000]